

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN8: Among students who rode a bicycle during the past 12 months, the percentage who never or rarely wore a bicycle helmet	74.6 (70.4-78.4)	781	83.6 (66.4-92.9)	49			●
QN9: Percentage of students who never or rarely wore a seat belt when riding in a car driven by someone else	3.7 (2.7-5.1)	1,227	9.9 (5.5-17.1)	78		●	
QN10: Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol	18.1 (15.9-20.6)	1,230	35.7 (25.4-47.5)	78		●	
QN11: Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days	6.7 (4.6-9.6)	523	16.2 (7.0-33.1)	30			●
QN12: Among students who drove a car or other vehicle during the past 30 days, the percentage who texted or e-mailed while driving on one or more of the past 30 days	31.5 (26.5-37.0)	535	34.1 (21.1-50.0)	32			●
QN13: Percentage of students who carried a weapon such as a gun, knife, or club on one or more of the past 30 days	10.2 (8.6-11.9)	1,215	14.5 (8.2-24.4)	77			●
QN14: Percentage of students who carried a gun on one or more of the past 30 days	1.7 (1.1-2.6)	1,211	5.7 (2.2-13.7)	77			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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	% 95% CI*	N	% 95% CI	N			
QN15: Percentage of students who carried a weapon such as a gun, knife, or club on school property on one or more of the past 30 days	2.3 (1.5-3.4)	1,227	4.2 (1.5-11.5)	76			●
QN16: Percentage of students who did not go to school on one or more of the past 30 days because they felt they would be unsafe at school or on their way to or from school	5.3 (3.9-7.1)	1,229	9.6 (4.4-19.6)	78			●
QN17: Percentage of students who had been threatened or injured with a weapon such as a gun, knife, or club on school property one or more times during the past 12 months	3.6 (2.6-4.8)	1,225	8.5 (3.9-17.6)	78			●
QN18: Percentage of students who were in a physical fight one or more times during the past 12 months	19.9 (17.2-22.8)	1,209	37.8 (27.5-49.5)	77		●	
QN19: Percentage of students who were in a physical fight one or more times during the past 12 months in which they were injured and had to be treated by a doctor or nurse	2.5 (1.6-4.0)	1,224	11.5 (5.5-22.5)	77		●	
QN20: Percentage of students who were in a physical fight on school property one or more times during the past 12 months	5.6 (4.5-7.1)	1,208	11.0 (6.2-18.9)	76			●
QN21: Percentage of students who had ever been physically forced to have sexual intercourse when they did not want to	6.2 (4.9-7.7)	1,229	22.6 (14.7-33.0)	78		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

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	% 95% CI*	N	% 95% CI	N			
QN22: Among students who dated or went out with someone during the past 12 months, the percentage who had been physically hurt on purpose by someone they were dating or going out with one or more times during the past 12 months	6.5 (4.8-8.9)	784	16.3 (8.4-29.3)	49			●
QN23: Among students who dated or went out with someone during the past 12 months, the percentage who had been forced by someone they were dating or going out with to do sexual things that they did not want to one or more times during the past 12 months	9.5 (7.5-11.8)	779	23.9 (12.5-40.8)	48		●	
QN24: Percentage of students who had ever been bullied on school property during the past 12 months	13.9 (11.6-16.5)	1,220	34.7 (24.1-47.1)	76		●	
QN25: Percentage of students who had ever been electronically bullied during the past 12 months	13.2 (11.1-15.6)	1,219	28.4 (19.3-39.5)	77		●	
QN26: Percentage of students who felt so sad or hopeless almost every day for two weeks or more in a row that they stopped doing some usual activities during the past 12 months	26.9 (24.0-30.0)	1,199	62.7 (49.8-74.0)	77		●	
QN27: Percentage of students who seriously considered attempting suicide during the past 12 months	13.1 (11.3-15.3)	1,227	44.1 (34.0-54.8)	78		●	
QN28: Percentage of students who made a plan about how they would attempt suicide during the past 12 months	11.8 (9.7-14.2)	1,225	34.9 (25.4-45.8)	77		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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San Diego Unified School District High School Survey  
Risk Behaviors and Sexual Identity Report

Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN29: Percentage of students who actually attempted suicide one or more times during the past 12 months	6.8 (5.4-8.4)	1,077	34.6 (23.7-47.5)	65		●	
QN30: Percentage of students who made a suicide attempt during the past 12 months that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse	1.7 (1.1-2.6)	1,076	14.1 (7.3-25.6)	64		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who ever tried cigarette smoking, even one or two puffs	36.0 (31.4-41.0)	1,178	58.3 (46.7-69.0)	75		●	
QN32: Percentage of students who smoked a whole cigarette for the first time before age 13 years	4.8 (3.8-5.9)	1,168	17.3 (10.0-28.2)	74		●	
QN33: Percentage of students who smoked cigarettes on one or more of the past 30 days	7.7 (5.9-10.0)	1,178	26.7 (18.3-37.2)	68		●	
QNFRDIG: Percentage of students who smoked cigarettes on 20 or more of the past 30 days	1.0 (0.5-1.8)	1,178	3.6 (1.1-11.8)	68			●
QN34: Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days	1.9 (0.4-8.0)	91	-	18			
QN35: Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days	15.7 (8.6-27.0)	69	-	17			
QN36: Percentage of students who smoked cigarettes on school property on one or more of the past 30 days	1.0 (0.5-1.7)	1,217	4.7 (1.8-11.9)	73			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

- = Fewer than 30 students in this subgroup.

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QN37: Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days	3.6 (2.6-5.1)	1,180	16.4 (9.0-27.9)	75		●	
QN38: Among students who reported current cigarette use, the percentage who did not ever try to quit smoking cigarettes during the past 12 months	44.1 (32.1-56.7)	91	-	18			
QN39: Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days	2.2 (1.4-3.3)	1,227	10.1 (4.4-21.5)	78		●	
QN40: Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days	6.4 (5.2-7.8)	1,225	11.8 (5.8-22.5)	78			●
QNANYTOB: Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days	10.5 (8.5-13.0)	1,174	27.7 (18.9-38.7)	68		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN41: Percentage of students who had at least one drink of alcohol on one or more days during their life	59.7 (55.1-64.1)	1,203	86.9 (78.2-92.5)	74		●	
QN42: Percentage of students who had their first drink of alcohol other than a few sips before age 13 years	14.7 (12.5-17.3)	1,223	29.2 (19.0-42.1)	78		●	
QN43: Percentage of students who had at least one drink of alcohol on one or more of the past 30 days	27.2 (23.2-31.7)	1,134	53.9 (41.2-66.1)	64		●	
QN44: Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days	15.1 (12.2-18.6)	1,184	32.5 (22.6-44.3)	75		●	
QN45: Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days	3.1 (2.2-4.4)	1,150	11.7 (5.7-22.4)	68		●	
QN46: Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days	39.0 (31.6-46.8)	307	40.5 (24.8-58.4)	34			●
QN47: Percentage of students who used marijuana one or more times during their life	38.9 (34.3-43.8)	1,199	66.4 (55.9-75.4)	76		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN48: Percentage of students who tried marijuana for the first time before age 13 years	7.6 (6.1-9.4)	1,211	24.3 (15.6-35.9)	77		●	
QN49: Percentage of students who used marijuana one or more times during the past 30 days	19.8 (16.7-23.3)	1,221	53.0 (38.5-67.1)	76		●	
QN50: Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life	5.8 (4.5-7.5)	1,208	21.1 (13.4-31.6)	78		●	
QN51: Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life	6.6 (5.4-8.0)	1,229	27.1 (18.2-38.5)	77		●	
QN53: Percentage of students who used methamphetamines one or more times during their life	2.0 (1.4-3.0)	1,225	13.1 (7.0-23.2)	76		●	
QN54: Percentage of students who used ecstasy one or more times during their life	9.1 (7.4-11.2)	1,213	35.4 (24.4-48.3)	76		●	
QN55: Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life	1.7 (1.0-2.8)	1,229	5.1 (1.9-13.0)	78			●

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Risk Behaviors and Sexual Identity Report

Alcohol/Other Drug Use

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	% 95% CI*	N	% 95% CI	N			
QN56: Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life	10.1 (8.4-12.1)	1,227	34.4 (24.3-46.1)	78		●	
QN57: Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life	1.7 (0.9-3.0)	1,226	6.3 (2.7-13.8)	77			●
QN58: Percentage of students who were offered, sold, or given an illegal drug by someone on school property during the past 12 months	29.6 (26.6-32.7)	1,228	41.4 (29.9-53.9)	77			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QN59: Percentage of students who ever had sexual intercourse	35.3 (29.6-41.4)	1,157	58.7 (47.1-69.4)	69		●	
QN60: Percentage of students who had sexual intercourse for the first time before age 13 years	3.7 (2.6-5.1)	1,153	14.8 (8.6-24.1)	70		●	
QN61: Percentage of students who had sexual intercourse with four or more people during their life	7.8 (5.8-10.3)	1,154	12.4 (6.2-23.0)	69			●
QN62: Percentage of students who had sexual intercourse with one or more people during the past three months	23.7 (19.2-28.8)	1,154	38.0 (27.3-50.0)	69		●	
QN63: Among students who had sexual intercourse during the past three months, the percentage who drank alcohol or used drugs before last sexual intercourse	16.7 (12.4-22.2)	280	-	25			
QN64: Among students who had sexual intercourse during the past three months, the percentage who did not use a condom during last sexual intercourse	42.1 (36.4-48.0)	276	-	25			
QN65: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills to prevent pregnancy before last sexual intercourse	75.8 (69.7-81.0)	274	-	24			

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Sexual Behaviors

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	% 95% CI*	N	% 95% CI	N			
QNOTHH: Among students who had sexual intercourse during the past three months, the percentage who did not use an IUD or implant or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	97.0 (93.0-98.7)	274	-	24			
QNOTHHPL: Among students who had sexual intercourse during the past three months, the percentage who did not use birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	72.8 (66.3-78.5)	274	-	24			
QNDUALBC: Among students who had sexual intercourse during the past three months, the percentage who did not use both a condom during last sexual intercourse and birth control pills, an IUD or implant, or a shot, patch, or birth control ring to prevent pregnancy before last sexual intercourse	92.6 (88.6-95.3)	273	-	24			
QNBCNONE: Among students who had sexual intercourse during the past three months, the percentage who used no method of birth control to prevent pregnancy before last sexual intercourse	13.9 (9.7-19.4)	274	-	24			

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOWT: Percentage of students who were overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex) <sup>§</sup>	15.5 (13.5-17.7)	1,211	23.6 (14.5-36.0)	73			●
QNOBESE: Percentage of students who were obese (i.e., at or above the 95th percentile for body mass index, by age and sex) <sup>§</sup>	11.0 (9.2-13.1)	1,211	13.9 (7.6-23.9)	73			●
QN66: Percentage of students who described themselves as slightly or very overweight	29.6 (26.7-32.8)	1,226	45.4 (35.7-55.4)	78		●	
QN68: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days	10.0 (7.5-13.1)	1,213	30.5 (21.3-41.5)	76		●	
QN69: Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days	3.9 (2.9-5.1)	1,222	12.1 (7.2-19.5)	77		●	
QN70: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days	3.8 (2.6-5.5)	1,220	19.9 (13.6-28.3)	77		●	
QN71: Percentage of students who did not drink 100% fruit juices during the past seven days	22.8 (20.9-24.8)	1,207	19.1 (12.6-27.9)	77			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

<sup>§</sup>Based on reference data from the 2000 CDC Growth Charts.

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	% 95% CI*	N	% 95% CI	N			
QN72: Percentage of students who did not eat fruit during the past seven days	9.6 (7.9-11.8)	1,227	6.1 (2.1-16.1)	78			●
QN73: Percentage of students who did not eat green salad during the past seven days	36.0 (32.4-39.7)	1,225	29.8 (19.7-42.3)	77			●
QN74: Percentage of students who did not eat potatoes during the past seven days	43.6 (40.2-47.1)	1,221	39.9 (29.0-51.9)	78			●
QN75: Percentage of students who did not eat carrots during the past seven days	46.7 (43.8-49.7)	1,228	47.7 (36.6-59.1)	78			●
QN76: Percentage of students who did not eat other vegetables during the past seven days	17.5 (15.1-20.1)	1,227	19.3 (11.9-29.9)	77			●
QNFRVG: Percentage of students who ate fruits or drank 100% fruit juices or ate vegetables less than five times per day during the past seven days	79.9 (78.0-81.7)	1,193	75.0 (63.5-83.8)	75			●
QNFRUIT: Percentage of students who ate fruits or drank 100% fruit juices less than two times per day during the past seven days	65.8 (62.9-68.7)	1,205	66.2 (56.9-74.5)	77			●

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	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who ate fruits or drank 100% fruit juices 0 times per day during the past seven days	4.7 (3.4-6.4)	1,205	0.8 (0.1-6.5)	77	●		
QNFR1: Percentage of students who ate fruits or drank 100% fruit juices less than one time per day during the past seven days	35.8 (32.3-39.4)	1,205	40.9 (30.5-52.1)	77		●	
QNFR3: Percentage of students who ate fruits or drank 100% fruit juices less than three times per day during the past seven days	78.7 (76.7-80.6)	1,205	80.5 (72.3-86.7)	77		●	
QNVEG: Percentage of students who ate vegetables less than three times per day during the past seven days	86.5 (84.7-88.0)	1,216	81.3 (68.7-89.5)	76		●	
QNVEG0: Percentage of students who ate vegetables 0 times per day during the past seven days	6.7 (5.5-8.0)	1,216	3.5 (1.0-11.3)	76		●	
QNVEG1: Percentage of students who ate vegetables less than one time per day during the past seven days	41.6 (38.1-45.2)	1,216	30.5 (19.9-43.7)	76		●	
QNVEG2: Percentage of students who ate vegetables less than two times per day during the past seven days	74.1 (71.1-76.9)	1,216	66.2 (56.1-75.0)	76		●	
QNFRVG2: Percentage of students who ate fruits or drank 100% fruit juices less than two times per day and ate vegetables less than three times per day during the past seven days	89.8 (88.2-91.2)	1,193	87.2 (76.1-93.5)	75		●	

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	% 95% CI*	N	% 95% CI	N			
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day during the past seven days	13.3 (11.4-15.5)	1,211	15.0 (8.6-24.9)	78			●
QNSODA0: Percentage of students who drank a can, bottle, or glass of soda or pop during the past seven days	68.7 (65.9-71.4)	1,211	62.0 (50.1-72.7)	78			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day during the past seven days	8.0 (6.6-9.8)	1,211	12.1 (6.9-20.5)	78			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day during the past seven days	4.0 (3.1-5.1)	1,211	10.3 (5.7-18.1)	78		●	
QN78: Percentage of students who did not drink milk or who drank less than three glasses per day of milk during the past seven days	93.6 (91.8-95.0)	1,228	94.1 (86.6-97.6)	78			●
QNMILK0: Percentage of students who drank 0 glasses per day of milk during the past seven days	22.1 (20.0-24.4)	1,228	29.2 (18.5-42.8)	78			●
QNMILK1: Percentage of students who drank less than one glass per day of milk during the past seven days	67.8 (65.4-70.1)	1,228	70.4 (59.1-79.7)	78			●
QNMILK2: Percentage of students who drank less than two glasses per day of milk during the past seven days	83.7 (81.1-86.1)	1,228	84.5 (75.9-90.4)	78			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sexual Identity Report

Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN79: Percentage of students who did not eat breakfast on all of the past seven days	62.8 (59.5-66.0)	1,223	81.4 (70.8-88.8)	77		●	
QNNOBKFT: Percentage of students who ate breakfast on none of the past seven days	13.0 (10.3-16.2)	1,223	21.5 (13.2-33.2)	77			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.



## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who were physically active for a total of at least 60 minutes per day less than five of the past seven days	49.6 (45.1-54.2)	1,216	61.0 (48.3-72.3)	78			●
QNPA0DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days	14.8 (13.3-16.5)	1,216	23.0 (15.8-32.4)	78		●	
QNPA7DAY: Percentage of students who were physically active for a total of at least 60 minutes per day on less than seven of the past seven days	73.0 (69.8-75.9)	1,216	73.7 (61.9-82.9)	78			●
QN81: Percentage of students who watched three or more hours per day of TV on an average school day	27.9 (24.6-31.5)	1,218	27.1 (18.1-38.5)	77			●
QN82: Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day	39.9 (36.3-43.7)	1,223	47.6 (37.4-58.0)	76			●
QN83: Percentage of students who did not attend physical education (PE) classes in an average week when they were in school	43.9 (36.0-52.0)	1,208	52.9 (39.0-66.4)	76			●
QNDLYPE: Percentage of students who attended physical education (PE) classes less than daily in an average week when they were in school	58.5 (51.0-65.7)	1,208	75.0 (62.7-84.2)	76		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sexual Identity Report

Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN84: Percentage of students who did not play on sports teams during the past 12 months	45.6 (42.2-49.1)	1,215	61.9 (47.4-74.5)	77		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

San Diego Unified School District High School Survey  
Risk Behaviors and Sexual Identity Report

Other	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
Health Risk Behavior							
QN85: Percentage of students who were not sure if they had ever been taught or who had not ever been taught in school about AIDS or HIV infection	10.6 (8.9-12.5)	1,219	17.3 (10.2-28.0)	77			●
QN86: Percentage of students who had ever been told by a doctor or nurse that they had asthma	18.3 (16.2-20.5)	1,224	23.6 (15.4-34.4)	76			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN89: Percentage of students who responded that the person they were going out with had ever threatened them, limited their activities against their will, or made them feel unsafe in any other way	5.4 (4.1-7.0)	1,230	16.2 (9.1-27.3)	78		●	
QN90: Percentage of students who have been harassed one or more times during the past 12 months because someone thought they were gay, lesbian, or bisexual	6.9 (5.6-8.5)	1,228	45.6 (33.1-58.7)	78		●	
QN91: Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting or burning themselves on purpose, one or more times during the past 12 months	15.0 (13.1-17.1)	1,228	51.7 (40.8-62.4)	77		●	
QN92: Among students who have had sexual intercourse, the percentage whose partners were three or more years older than themselves the first time they had sexual intercourse	15.8 (12.4-20.0)	445	27.9 (17.7-41.0)	46			●
QN93: Percentage of students who have been pregnant or gotten someone pregnant one or more times	2.3 (1.3-3.9)	1,219	6.6 (2.9-14.3)	77			●
QN94: Percentage of students who have ever participated in oral sex	35.5 (30.4-40.9)	1,219	59.2 (47.7-69.7)	77		●	
QN96: Percentage of students who have not ever been tested or are not sure if they have ever been tested for HIV, the virus that causes AIDS	86.3 (83.5-88.7)	1,224	82.1 (70.9-89.6)	75			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2013 YOUTH RISK BEHAVIOR SURVEY RESULTS

### San Diego Unified School District High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN97: Percentage of students who have ever been told by a doctor or nurse that they had a sexually transmitted disease (STD)	2.2 (1.3-3.6)	1,224	4.8 (1.5-14.0)	77			●
QN98: Among students who have had a check-up, the percentage who reported that the doctor or nurse did not discuss ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs) or that they are unsure if the doctor or nurse discussed ways to prevent pregnancy, AIDS, or other sexually transmitted diseases (STDs) during their last check-up	57.9 (53.5-62.2)	1,061	47.4 (34.7-60.4)	66			●
QN99: Percentage of students who have not ever had or are not sure if they have ever had the HPV vaccine, a vaccine to prevent human papillomavirus or HPV infection	63.9 (60.0-67.6)	1,221	63.2 (52.0-73.2)	77			●
QN100: Percentage of students who sometimes, rarely, or never wear sunscreen with an SPF of 15 or higher when they are outside for more than one hour on a sunny day	87.9 (85.5-90.0)	1,224	84.9 (76.7-90.5)	77			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.